



Advanced Health Assessment of Women

Clinical Skills and Procedures, Second Edition

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This clinical reference presents the advanced skills needed to assess health and provide care to women of all ages, with systematic reviews of all aspects of female developmental, physical, psychological, and sociocultural health. The book offers a comprehensive approach to women's health assessment for a variety of health care providers, including physician's assistants, nurse midwives, and nurse practitioners.

The chapters present assessment strategies that are on the leading edge of the expanded role of the advanced practice clinician, including performing sonohysteroscopy and cystometrograms. The chapter authors provide in-depth discussions of each assessment skill and technique as well as the rationale underlying each assessment. Unique content includes selection and insertion of the vaginal pessary, intrauterine insemination procedure, and sperm washing.

Key topics discussed:

- Health assessment: health history, physical examinations, prenatal assessment, and assessment and clinical evaluation of obesity in women
- Female reproduction: anatomy, physiology, and the reproductive cycle
- Contraceptive devices: the diaphragm, intrauterine contraception, and contraceptive implants
- Assessment of women at risk: domestic violence, STIs, and sexual assault
- Assessment of the infertile woman: initial evaluations, donor insemination, and more
- Evaluation of the pelvic floor: urinary incontinence, pelvic organ prolapse, and bladder dysfunction

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